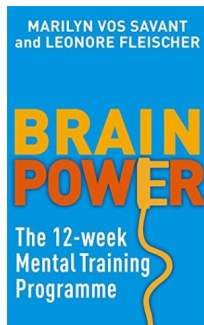


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BRAIN POWER: THE 12-WEEK MENTAL TRAINING PROGRAMME



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