



## Frequency The Power of Personal Vibration

By Penney Peirce

Atria Books/Beyond Words. Paperback. Book Condition: New. Paperback. 304 pages. Dimensions: 8.3in. x 5.4in. x 0.8in. Because we see the world from a physical perspective, we often don't notice what's right in front of us that our spirit, thoughts, emotions, and body are all made of energy. Inside us and everywhere around us, life is vibrating. In fact, each of us has a personal vibration that accurately communicates who we are to the world and helps shape our reality. Frequency shows readers how to feel their personal vibration, improve it, and use it to shift their life from ordinary to extraordinary. A simple shift in frequency can change depression to peace, anger to stillness, and fear to enthusiasm. Weaving together basic ideas from quantum physics with proven intuition development techniques, Frequency takes readers into deeper concepts only hinted at in recent popular books and DVDs featuring the Law of Attraction. By learning to refine the conscious sensitivity of their body, readers can improve relationships, find upscale solutions to problems, and materialize a life that contains everything they want and need to live their destiny. Frequency gives readers a reassuring, step-by-step roadmap into a positive state of awareness that Peirce calls The...



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