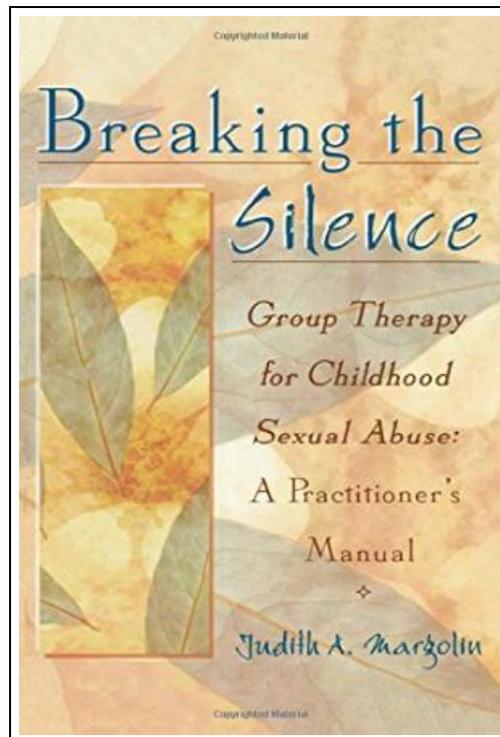


## Breaking the Silence: Group Therapy for Childhood Sexual Abuse, a Practitioners Manual



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Routledge. Hardcover. Condition: New. 174 pages. Dimensions: 8.6in. x 5.9in. x 0.7in. A program you can use for time limited clients suffering from sexual abuse! Breaking the Silence: Group Therapy for Childhood Sexual Abuse guides you through initial establishment and group formation to its termination. The step-by-step approach outlines themes and issues common to this population, raises pertinent questions, and highlights common pitfalls or problem areas in conducting therapy. You'll discover innovative ways to work with survivors of childhood sexual abuse by addressing these key therapy issues: issues of trust, sexuality, and disclosure family dynamics emotional expression transference countertransference male survivors group sessions the impact of abuse a concise fifteen-session, time-limited, psycho-educational group therapy program for adult survivors of sexual abuse The program planning approach described in Breaking the Silence allows you to adapt the program to meet your individual clients needs. The concise fifteen-session, time-limited psycho-educational group therapy program for adult survivors of sexual abuse is designed to therapeutically address the long-term sequelae associated with a past history of child abuse. The literature review of childhood sexual abuse treatment, along with this program and the invaluable sections on male survivors, sexuality, and other areas dealing with the emotional repercussions of childhood sexual abuse, are invaluable sources of information for helping survivors develop and maintain healthy relationships and balanced lives. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.



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