



Healthy Cooking for Secondary Schools: Book 1

By Sandra Mulvany

Brilliant Publications, United Kingdom, 2009. Paperback. Book Condition: New. Kerry Ingham (illustrator). 292 x 206 mm. Language: English . Brand New Book. Healthy Cooking for Secondary Schools, Book 1 is one of a series of five books, providing a practical cooking programme for secondary schools, designed to foster enthusiasm for cooking. For each recipe there are essential cooking skills, theory and safety points introduced progressively throughout the series. Help children to become lifelong healthy eaters with this collection of 12 easy-to-follow, photocopiable recipes, presented in both a traditional recipe format and in a visual, step-by-step format, to suit pupils with low reading abilities or special needs. Recipes include Fruit Salad, Rainbow Sticks, Bread Pizza and Chinese Noodle Soup.



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