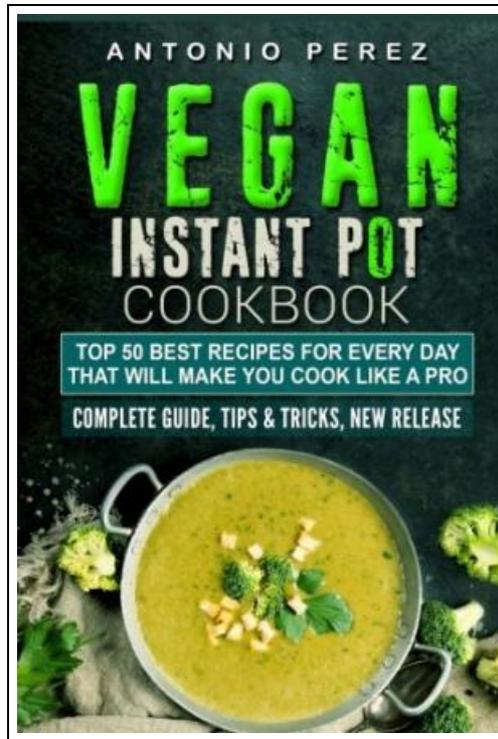


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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.If you love healthy Vegan meals, but don't want to slave hours in the kitchen, then this Instant Pot Vegan cookbook is for you. With this complete Vegan Instant Pot cookbook, say goodbye to long cooking and preparation times. You no longer have to spend a huge amount of time preparing a great tasting meal. The book includes 55+ Vegan recipes that take only minutes instead of hours to prepare. True Vegan recipes are not always easy to find, and sometimes they contain ingredients that do not qualify as Vegan. This cookbook on Vegan meals includes only authentic Vegan recipes, and they are designed for your Instant Pot. The Instant Pot is a must have kitchen appliance because it can do the job of seven appliances. It is a warming pot, a yogurt maker; a saute pan, a slow cooker, a pressure cooker, porridge or rice maker and a steamer. It is not possible to store and use all of these different appliances in your kitchen; hence, the Instant Pot is a great solution. Instant Pot utilizes the high temperatures, steam, and pressure to speed up the cooking time and save your precious time and hard-earned money. This book contains easy-to-follow true Vegan breakfast, lunch and dinner recipes. The recipes utilize inexpensive Vegan ingredients that you can find at your local farmers market or your nearby grocery store. Making tasty and nutritious Vegan meals doesn't have to be difficult. Add a few Vegan-friendly ingredients, press a few buttons, and after a few minutes, a warm, delicious dish is waiting for you. With the help of this Vegan Instant Pot cookbook, you will have an amazing opportunity to explore the variety...

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